



FOR IMMEDIATE RELEASE

Wittenberg Village Helps "Solo Agers" Find Community During the Holidays

Crown Point, Ind. – December 13, 2024 – As the holiday season approaches, the importance of connection becomes even more significant, especially for older adults. For those often referred to as “solo agers,” seniors who are living independently or alone, finding a community that fosters a sense of belonging is essential. **Wittenberg Village**, a senior living community in Crown Point, Indiana, is dedicated to ensuring solo agers have a supportive and engaging environment to celebrate this season and beyond.

With roughly 27% of U.S. adults aged 60 and older living alone, many solo agers are choosing to plan their futures in communities that provide structure, social opportunities and continuity of care.

“Solo aging can be fulfilling and secure with proactive planning,” explains **Jennifer Darnell**, Vice President of Sales and Marketing at Lutheran Life Communities. “By joining Life Plan Communities like Wittenberg Village, solo agers can ensure they have access to friends, activities and support, especially during the holidays.”

In addition to a strong sense of community, Wittenberg Village supports a lock-and-go lifestyle, offering residents the freedom to travel or spend time away from campus, knowing their homes and belongings are secure. This added peace of mind means residents can travel wherever they choose, without concerns about the safety of their residence.

Wittenberg Village recently welcomed **Mary Alexander**, a new resident who has already embraced the community’s warmth and social opportunities. Reflecting on her experience relocating from her home in Ocala, FL, Mary shares, “Many of us here are living alone due to the loss of a spouse. However, I have met several lovely couples who are very supportive and understanding. Everyone is so friendly. I appreciate the variety of activities to choose from. There are outings and trips, exercise classes and card games. We recently baked Christmas cookies for the Crown Point Tree Lighting ceremony.”

Mary believes the friendly atmosphere created by both residents and team members has been a highlight. “From the first tour of Wittenberg Village, I took with my daughter, we found everyone very friendly,” Mary shares. “I recently wanted to move to a larger apartment and they’ve been so accommodating from start to finish.”

The Wittenberg Village community provides a comfortable living environment where residents can maintain their independence while accessing assisted living and home services as their needs change. “Choosing a Life Plan Community is invaluable for solo agers,” continues Darnell. “Our residents have the freedom to engage as they wish, with resources and amenities to support them year-round.”

“When you move to a community like this, it is what you make of it. I have coffee with a few neighbors a few times a week and occasionally I’ll make them dinner on Sundays, which is something we all enjoy,” said Mary.

Long-Term Care Month is a great time to explore options. We invite solo agers and their families to visit **Wittenberg Village** to experience firsthand the warmth and community available to residents. From holiday events to wellness activities, Wittenberg Village is committed to creating an environment where residents can enjoy a fulfilling life, surrounded by friends and supported by compassionate team members.

About Wittenberg Village

Wittenberg Village is a 47-acre, tree-lined 62+ community with a booming small-city spirit. The campus is a walker’s paradise, with steps and steps of beautifully landscaped grounds and scenic walking pathways for enjoying nature. This pet-friendly community that offers assisted living and residential living is perfect for people who desire an independent lifestyle with an active social circle. As part of the non-profit Lutheran Life Communities, the campus shares the commitment to providing exceptional care and services to enhance residents' lives.

For more information, visit: <https://lutheranlifeliving.org/>

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Mary’s photo:



L to R: Mary Alexander recently moved to Wittenberg Village in Crown Point, and enjoys the amenities and being closer to her daughter, Amy Eastham.